



Family Hub Service

Student support

FREE

Risk taking behaviour awareness sessions for Years 1 to 13

This leaflet outlines the workshops and presentations that are delivered by Achieving for Children's (AfC's) Family Hub Service and School Nurses Team, Thames Valley Police and the DASH Charity, and are available to schools in the Royal Borough of Windsor and Maidenhead (RBWM).



www.rbwm.gov.uk



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Family Hub Service

AfC Family Hub

The Family Hub works with young people in Year 3 and above who need to be supported with making informed decisions around risk taking behaviour and engaging in positive activities, both in and outside school. For all topics that the Family Hub delivers workshops on they can also support young people on a more in-depth one-to-one basis following a referral.

Family Hubs: Rob Hathorn

E: robert.hathorn@achievingforchildren.org.uk

Thames Valley Police

The police work closely with a range of local partners across the RBWM in supporting schools. The school's offer is available to present to students on topics related to policing, crime and safety.

E: SafeguardingTeamRBWM@thamesvalley.police.uk



DASH

The Dash Charity provides healthy relationships workshops in a classroom setting for Year 1 upwards. The fun, interactive sessions are specifically created to be age appropriate. Domestic abuse itself is not addressed until the comprehensive session in Year 5, which sensitively introduces children to the concept and illustrates how to get help if they ever need it.

DASH: Gaby Laking

E: gaby@thedashcharity.org.uk



Classroom sessions - Years 1 to 6

The Family Hub service will send schools resources for teachers to facilitate the sessions and will give advice and guidance for delivery. Topics schools can request resources around are:

- Keeping safe & Positive Choices online
- Dangers online
- Nudes and online grooming
- Online peer pressure
- Cannabis, solvent misuse, and nitrous oxide
- Alcohol

Thames Valley Police offer the following sessions:

Class Reading of 'PC Ben' book	Foundation & Years 1 to 2
The Role of the Police, Crime & Consequences	Year 6

DASH are offering the following classroom workshops or year group/whole school assemblies:

Relationships and Domestic Abuse	Friendships and secrets	Years 1 to 2
Relationships and Domestic Abuse	Friendships and arguments	Years 3 to 4
Relationships and Domestic Abuse	Introduction to domestic abuse	Year 5
Relationships and Domestic Abuse	Challenging stereotypes	Year 5 to 6

Classroom sessions - Years 6 and above:

The Family Hubs can facilitate up to 4 classroom-based sessions (approx. 30 students per class for 1 hour) commencing at one time dependent upon staffing. **FAMILY HUBS NO LONGER PROVIDE WHOLE YEAR GROUP/SCHOOL ASSEMBLIES**. DASH continue to offer whole year group/school assemblies or can accommodate 1 classroom session at one time.

Child Exploitation:	What is child exploitation (sexual / criminal) and grooming? Signs, risk factors, protective factors, perpetrator approaches, case studies	Years 7 to 11
Digital Awareness:	Cyberbullying, grooming, dangers of the digital world, nudes, gaming	Years 6 to 8
Reality of Pornography:	Understanding impact of porn upon young people, awareness of the law and porn, nudes, DIY/Revenge porn, attitudes to sex & Harmful Sexual Behaviour	Years 9 to 11
Youth Violence:	What does Youth Violence include? Knife crime, assault, protection, safety in the community	Years 7 to 11
Substance Misuse:	Cannabis, alcohol, nitrous oxide, pills and powders	Years 7 to 13
Relationships & Domestic Abuse	Where is the line? Including emotional abuse	Years 7 to 9
Relationships & Domestic Abuse	Domestic abuse and the law	Years 10 to 13

PSHE sessions delivered by Achieving for Children's **School Nursing Team**:

Please refer to the below link for the Traded Services brochure to view the PSHE offer from the School Nurses. Please refer to page 48-49 within the brochure and the enclosed contact email address.

<https://rbwm.afcinfo.org.uk/pages/community-information/information-and-advice/schools-and-education/traded-services-for-schools>

How to make a booking:

To book Family Hub Sessions, please complete the following google form:

https://docs.google.com/forms/d/e/1FAIpQLSdhNEsl_gXhLcd1hPghtwk943x8Kc06O-2AY4TSEf03kkMqPA/viewform?usp=sf_link

To book TVP or DASH Charity sessions please contact then directly using the contact details above, or for the School Nurses please use the email address on page 49 of the document attached in the link just above.