



Family Hub Service

Student Support

FREE

Preventative Awareness Sessions for Years 1 to 13

This leaflet outlines the workshops and presentations that are delivered by Achieving for Children's (AfC's) Family Hub Service and School Nurses Team, Thames Valley Police and the DASH Charity, and are available to schools in the Royal Borough of Windsor and Maidenhead (RBWM).



www.rbwm.gov.uk



achieving for children



Family Hub Service

AfC Family Hub

The Family Hub works with young people in Year 3 and above who need to be supported with making informed decisions around risk taking behaviour and engaging in positive activities both in and outside school. For all topics that the Family Hub delivers workshops on, they can also support young people on a more in depth one-to-one basis following a referral.

Family Hubs: Gemma Kelly

E: Gemma.kelly@achievingforchildren.org.uk

Thames Valley Police

The police work closely with a range of local partners across the RBWM in supporting schools. The school's offer is available to present to students on topics related to policing, crime and safety.

E: BerkshireEastLCUHRU@thamesvalley.police.uk



DASH

The Dash Charity provides healthy relationships workshops in a classroom setting for Year 1 upwards. The fun, interactive sessions are specifically created to be age appropriate. Domestic abuse itself is not addressed until the comprehensive session in Year 5, which sensitively introduces children to the concept and illustrates how to get help if they ever need it.

There is a pause on workshop delivery for primary ages at present but DASH can provide classroom resources to support teachers at request.

DASH: Gaby Taylor Laking

E: gaby@thedashcharity.org.uk



Classroom sessions - Years 1 to 6

Family hubs will send schools resources for teachers to facilitate the sessions and will give advice and guidance for delivery. Topics schools can request resources around are:

- Keeping safe online
- Dangers online
- Positive choices online
- Nudes and grooming online
- Online peer pressure
- Cannabis, solvent misuse, and nitrous oxide
- Alcohol

DASH are offering the following classroom workshops or year group/whole school assemblies:

Relationships and Domestic Abuse	Friendships and secrets	Years 1 to 2
Relationships and Domestic Abuse	Friendships and arguments	Years 3 to 4
Relationships and Domestic Abuse	Introduction to domestic abuse	Year 5
Relationships and Domestic Abuse	Challenging stereotypes	Year 6

Classroom sessions - Years 7+- Family Hubs can facilitate up to 4 classroom-based sessions (approx. 30 students per class for 1 hr) commencing at one time due to staffing. **FAMILY HUBS NO LONGER PROVIDE WHOLE YEAR GROUP/SCHOOL ASSEMBLIES.** DASH continue to offer whole year group/school assemblies or can accommodate 1 classroom session at one time.

Exploitation awareness	What is exploitation and grooming? Risk factors and protective factors	Years 7 to 8
Child sexual exploitation (CSE):	What is CSE? Perpetrator approach, signs of CSE, case studies	Years 9 to 13
Digital awareness:	Cyberbullying, grooming, dangers of the digital world, nudes, gaming	Years 6 to 13
Reality of pornography:	Definition of porn, the law, OnlyFans, revenge porn, attitudes to sex, Harmful Sexual Behaviour	Years 7 to 13
County drug lines and child criminal exploitation (CCE):	What is CCE and county lines? Risks, consequences, and alternatives TVP may be able to support the Family Hub with this.	Years 9 to 13
Youth violence	What does Youth Violence include? Knife crime, assault, protection, safety in the community TVP may be able to support the Family Hub with this.	Years 7 to 13
Substance Misuse	Cannabis, alcohol, nitrous oxide, pills and powders	Years 7 to 13
Fire and Rescue	Information around water safety and other emergencies	
Relationships and domestic abuse	Where is the line-including emotional abuse?	Years 7 to 9
Relationships and domestic abuse	Domestic abuse and the law	Years 10 to 13

Please also note, TVP are offering a PHSE package on **Violent Behaviour** for **YR 8 AND/OR YR 9** and/or **Drugs** for **YR 9**. TVP will support schools in completing the second lesson of 3 PSHE lessons supplied from the Violence Reduction Unit and the PSHE society covering how conflict arises, the law on violence and how to manage heated situations.

To book sessions, please complete the following google form:

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<https://docs.google.com/forms/d/1q8Zujvyv8qba-sS9jtLP00KluK9lgrZ65tA73hZ5UFU/edit>