



INTRODUCTION TO DOMESTIC ABUSE

Domestic abuse is a key priority for RBWM. All frontline professionals have a role in identifying and responding safely. This course is a practical introduction to domestic abuse for anyone working with adults and/or children in RBWM. Learners will be supported to recognise indicators, understand the dynamics of abuse and respond to disclosures in a safety, trauma-informed and effective way.

Learning outcomes

By the end of this course, learners will be able to:

- Understand the definition, dynamics and patterns of domestic abuse
- Recognise the additional barriers and experiences of marginalised or minoritised groups affected by domestic abuse
- Understand the extent, severity and impact of domestic abuse on adults and children
- Recognise indicators and warning signs that someone may be experiencing domestic abuse
- Understand the lived experience of victim-survivors, including the complexities and risk of leaving an abusive relationship
- Respond safely and effectively to disclosures, using trauma-informed and victim-centred approaches
- Identify local policies, procedures and pathways for support, including RBWM services and national help available
- Reflect on how this learning applies to their own professional role and responsibilities

Target audience

Frontline professionals working in the RBWM area, including those in the public sector, voluntary sector or individuals who are new to the domestic abuse sector. The training is suitable for those working with adults, children or young people and is designed an introductory-level course designed for those with minimal prior knowledge of domestic abuse.

Domestic Abuse is an emotive and difficult topic. While the course is delivered sensitively, tutors cannot responsibility for any distress caused.

Dates and booking Click on the relevant date to book (via [AfC Learning Portal](#))
[Monday 15 June 2026](#), 10:00 – 16:30 (face-to-face)
[Wednesday 16 September 2026](#), 09:30 – 13:00 (virtual)
[Wednesday 9 December 2026](#), 10:00 – 16:30 (face-to-face)
[Tuesday 23 March 2027](#), 09:30 – 13:00 (virtual)
Please note these dates are only for RBWM based practitioners.

If you do not have a Learning Portal account, you can submit a [New Account Request](#).
If you have any issues with booking, please contact training@achievingforchildren.org.uk

Venue Virtual sessions via MS Teams
Face-to-face sessions to be held at Windsor Family Hub, 65 Alma Rd, Windsor,
SL4 3HD

Additional information

- There is no cost to attend; however a fee may be charged if you do not attend or do not cancel.
- Please make a note of the date you have booked. Once your manager approves your request, you will receive a confirmation email.
- Virtual sessions: Your MS Teams invite will be sent 2 working days before the event.
- Face-to-face sessions: No reminder will be sent, so please ensure the date is in your diary.